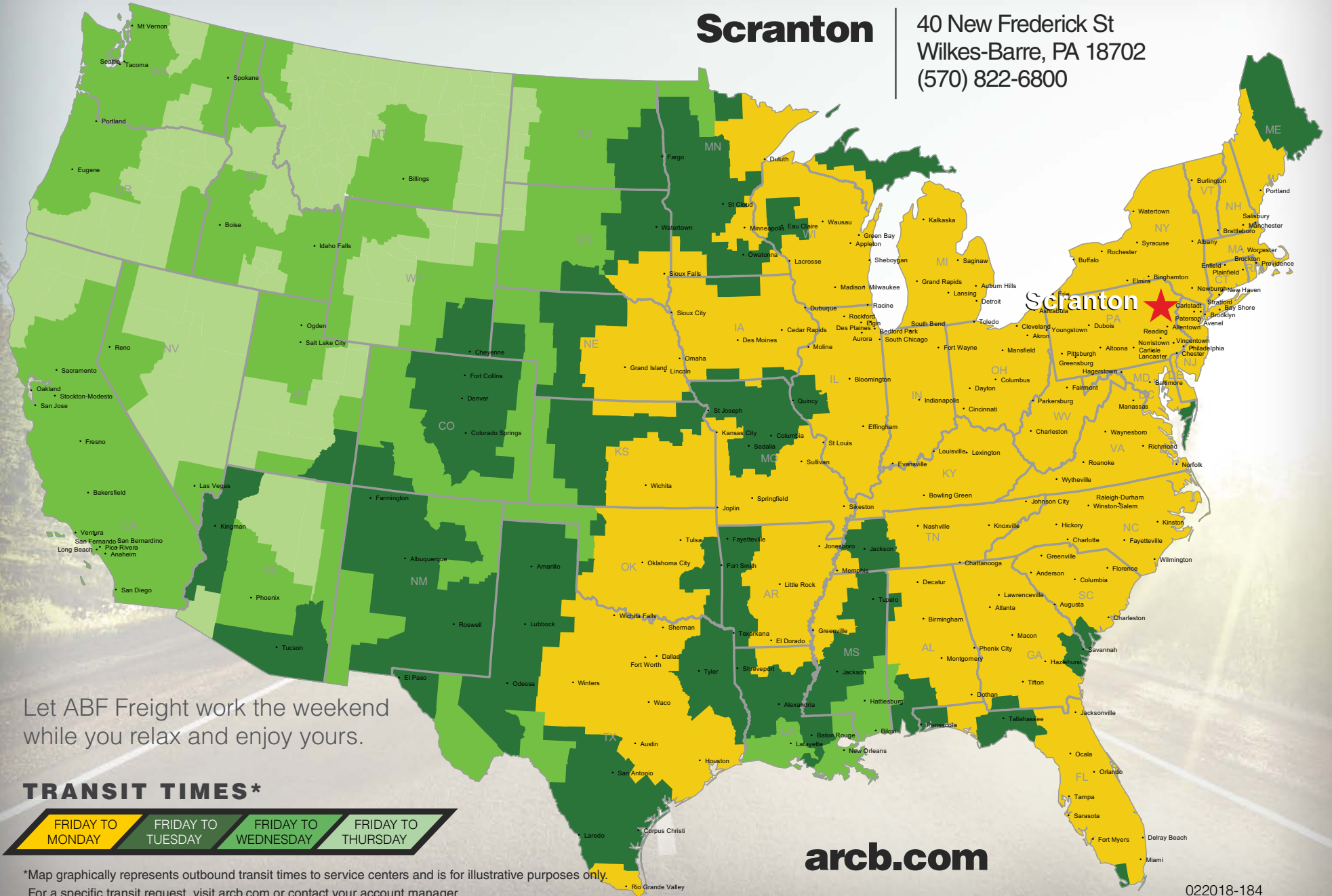


Scranton

40 New Frederick St
Wilkes-Barre, PA 18702
(570) 822-6800



Let ABF Freight work the weekend while you relax and enjoy yours.

TRANSIT TIMES*

FRIDAY TO MONDAY	FRIDAY TO TUESDAY	FRIDAY TO WEDNESDAY	FRIDAY TO THURSDAY
------------------	-------------------	---------------------	--------------------

*Map graphically represents outbound transit times to service centers and is for illustrative purposes only. For a specific transit request, visit arcb.com or contact your account manager.

arcb.com

022018-184