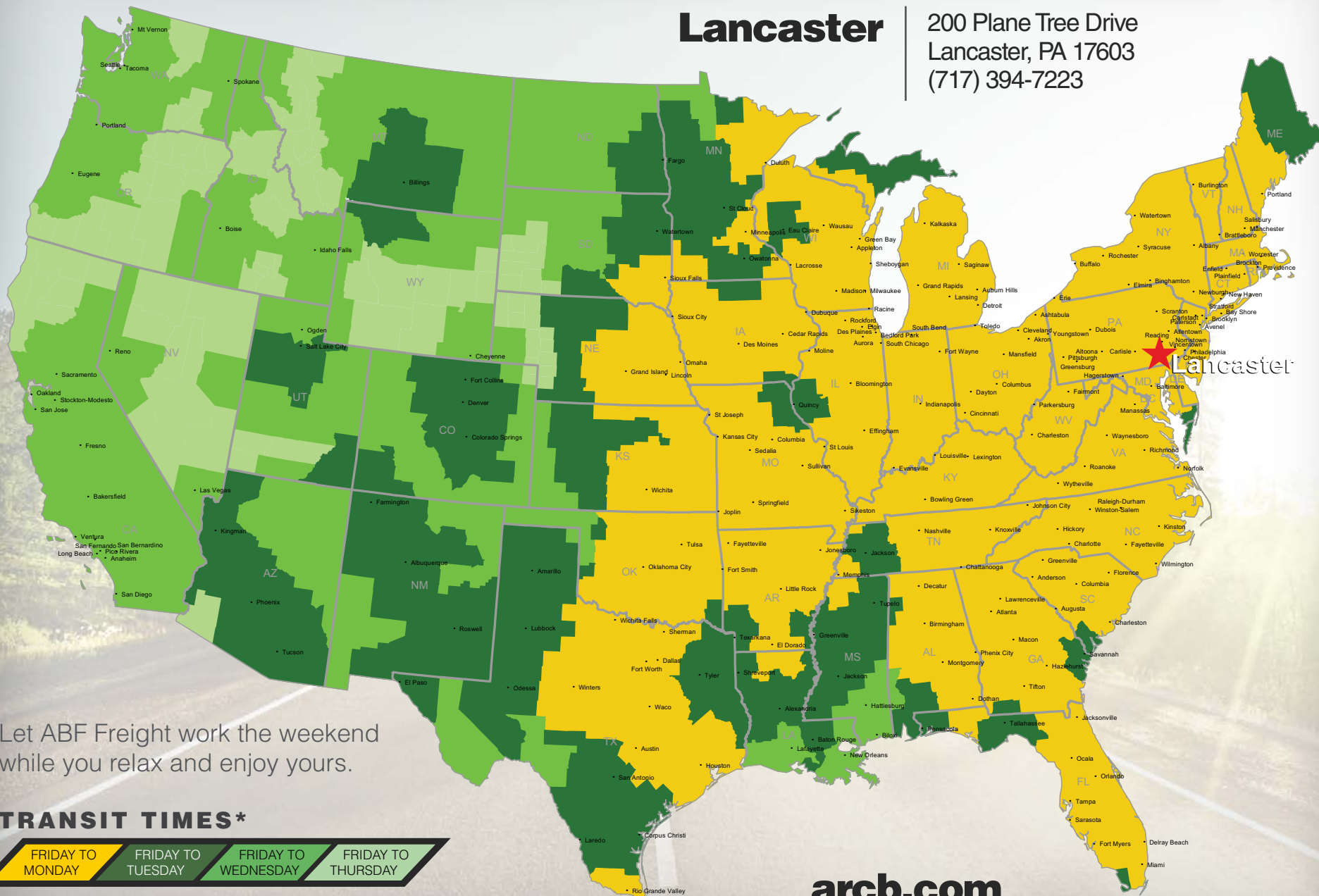


### Lancaster

200 Plane Tree Drive  
Lancaster, PA 17603  
(717) 394-7223



Let ABF Freight work the weekend while you relax and enjoy yours.

#### TRANSIT TIMES\*

FRIDAY TO MONDAY	FRIDAY TO TUESDAY	FRIDAY TO WEDNESDAY	FRIDAY TO THURSDAY
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\*Map graphically represents outbound transit times to service centers and is for illustrative purposes only. For a specific transit request, visit [arcb.com](http://arcb.com) or contact your account manager.

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